**I will Stay Safe**

Family Media Agreement

 I will not create accounts or give out any private information – such as my full name, date of birth, address, phone number, or photos – without my family’s permission.

 I will not share my passwords with anyone other than my family. I will ask my family to help me with privacy settings if I want to set up devices, accounts, or profiles.

 If anyone makes me feel pressured or uncomfortable, or acts inappropriately toward me online, I’ll stop talking to that person and will tell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_I trust about it.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I will be Respectful**

Top of Form

I will not bully, humiliate, or upset anyone online or with my phone – whether through sharing photos, videos, or screenshots, spreading rumors or gossip, or setting up fake profiles – and I will stand up to those who do.



*Bottom of Form*

*I understand that if I am disrespectful that I will have to, apologize in person to the person that I harmed and I will lose my account privileges for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ time.*

I know that whatever I share online or with my cell phone can spread fast and far. I will not post anything online that could harm my reputation.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I will be Responsible**

Whenever I use, reference, or share someone else’s creative work online, I will give proper credit to the author or artist.

I know that not everything I read, hear, or see online is true. I will consider whether a source or author is credible.

I will help my family set media time limits that make sense, and then I will follow them.

*Check in equipment:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Check out equipment:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

I will be mindful of how much time I spend in front of screens, and I will continue to enjoy the other activities – and people – in my life.

*Screen time weekdays: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Screen time weekends:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**In exchange, my family agrees to…**

 recognize that media is a big part of my life, even if they don’t always understand why.

 talk with me about what worries them and why, before saying “no.”

 talk to me about my interests and embrace my world, including helping me find media that’s appropriate and fun.

X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signed by Me

X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signed by Caregiver

We will revisit these guidelines in one year from now during the following month \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.