

## **Keeping Kids Safe Online**

### **3 Things Kids Should Know about Digital Postings**

1. Part of digital footprint – Your **digital dossier** that includes Internet activity such as social networking, email, chat rooms, – YOU can't erase this!!! Permanent record –  
<http://www.youtube.com/watch?v=79IYZVYIVLA>
2. EVERYTHING you send via text message (pictures, videos, text, audio...etc) is PUBLIC!!!  
<http://tiny.cc/e6wexw> – LG Text Education  
<http://tiny.cc/v7wexw> --MTV
3. Children should know their plans

### **In Cyberspace Kids Should Never**

1. Don't assume anything you send or post is going to remain private.
2. There is no changing your mind in cyberspace—anything you send or post will never truly go away.
3. Don't give in to the pressure to do something that makes you uncomfortable, even in cyberspace.
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5. Consider the recipient's reaction.
6. Nothing is truly anonymous.

### **Introducing a mobile device to a child**

#### **RULES and CONTRACT!**

1. Child "hands in" and "checks out" devices
2. Computer/Device is NOT in child's room
3. Computer/Device is in Public Family Space

#### **Internet Safety Rules (post by computer or on mobile device)**

- Set up a profile WITH your child
  - Username should have nothing to do with real name
- Strong Passwords
  - Protect your data! Think like a diary! – Parent has passwords to all your accounts
- No "real" pictures (use avatars)
- No location information
  - full name, age, school, house, friends full names or place of residence
- No identifying information • No negative language online • Do not chat or email with anyone you do not know • When parent ask you about your

Internet activities=you tell them!

## **Internet Posting Guidelines**

1. Only post things that you would want everyone (in school, at home, in other countries) to know.
2. Do not share personal information. Ask yourself: Could someone find me or the person I am posting about (in real life) based on this information?
3. Think before you post. Ask yourself: What could be the consequences of this post?
4. Know who you're communicating with. Ask yourself: Who is going to look at this, and how are they going to interpret my words?
5. Consider your audience and that you're representing your current and future self
6. Treat other people the way you want to be treated. When you post a comment, make sure you are respectful.
7. Use appropriate language and proper grammar and spelling.
8. Only post information that you can verify is true (no
9. Only post information that you can verify is true (no gossiping).
10. Anytime you use media from another source, be sure to properly cite the creator of the original work. Ask yourself: Who is the original creator of this work?
11. You may not post any media (photos, audio, video, school work) of ANYONE without their WRITTEN or RECORDED VERBAL permission (this includes your students, colleagues, friends, other teachers...etc).

## **Mobile Device Rules**

- I owns it! I can take it away!
- I has access to passwords
- I will do random checks of phone
- Silence the phone in public places
- Hand in phone at \_\_\_pm, you get it back at \_\_am
- You will talk to me about your cell phone activities
- You will text me back when I text you, and you will answer when I call
- Do not text or say anything harmful, deceitful or hurtful to another person. Do not text something that you would not say out load to your grandma

## **Parent Control Options on Mobile Devices**

- Use Cell Phone Company that Has Parent Controls (restrict websites, program or block numbers)

- Pre-program numbers
- Begin with “age appropriate phones” Like FireFly  
<http://www.fireflymobile.com/glowphone/>
- Add Monitoring Software such as WebWatcher Mobile  
<http://www.webwatchermobile.org/>

### **Educate Your Child...**

- Sexting
- Cyberbullying
- Internet Archives
- Digital Dossier Movie
- Look for Kids Safe Seal  
<http://www.kidsafeseal.com/aboutourprogram.html>

### **Cyberbullying**

#### **As of 2012...**

- 1 in 3 middle school students have either participated or been the victim of cyberbullying
- 1 in 10 tell a parent

#### **Cyberbullying Most Popular in..**

- Online gaming and virtual worlds
- Chat/discussion rooms
- Social Network Sites
- Instant Messengers
- Text messages
- Video sharing sites like Youtube

#### **How does cyberbullying differ from traditional bullying?**

- Do not always know who is the perpetrator because you can “hide” online
- Easier to be cruel and nasty when you don’t have to face the victim
- Less chance of an adult finding out
- Viral

#### **Negative Effects of Cyberbullying**

- Depression, sadness, anger, frustration
- Embarrassed to go to school
- Low self-esteem
- Problems with Parents/Family
- School Delinquencies
- Suicidal
- Students claim to have both physical and emotion problems

### **Warning Signs...**

- If a child suddenly stops using their digital equipment (cell phone, computer)
- If a child is nervous or jumpy when email or text messages arrives
- Uneasy about going to school
- Suddenly angry, depressed, frustrated
- Withdraws from friends
- Does not want to talk about their digital experiences

### **Warning Signs...for a Cyberbully**

- Switches windows or logs out of the computer when you come around
- Has multiple online accounts
- Gets upset when their computer or phone privileges are taken away

### **What to do about Cyberbullying**

#### **COPPA**

- If a children's information is posted online, and they are under the age of thirteen, notify the Web site or online service that the children are under thirteen and that COPPA (the Children's Online Privacy Protection Act) requires that they remove the information immediately. If they don't respond right away, contact [privacy@wiredsafety.org](mailto:privacy@wiredsafety.org) or the CyberLaw Enforcement <http://cyberlawenforcement.org/>

### **Be a Proactive Parent**

- Talk about cyberbullying and what it is and why it is not tolerated.
- Monitor their child's online and mobile activities.
- Review the school's policy on bullying and harassment with your child
- Talk about consequences for bullying behavior
- Toolkit for Teachers (can help parents too)  
– <http://www.common sense media.org/educators/cyberbullying-toolkit>

### **What to do when your child is bullied?**

- BLOCK Numbers
- Save Text Messages
- Sit down with counselors and admin
- Contact the mother or father of the child who is the perpetrator

- Ask the child what they would like to happen (depends on age)
- Police should be involved if it is physically threatening or if contact information is given out via Internet

## **Give Children Tools to Deal with Negative Situations**

### **If your child is a victim**

Block and Tell

(DO NOT RESPOND, Tell adult)

### **If your child is the perpetrator...**

- Enforce the rules!
- Apologize---FACE TO FACE
- Explain Digital Footprints to them

### **Stay Safe Online Video •**

<http://www.youtube.com/user/SafetyCenterVideos#p/u/9/DQ5zJvA0NYY>

### **Steer Clear of Cyber Tricks •**

[http://www.youtube.com/safetycentervideos#p/u/7/MrG061\\_Rm7E](http://www.youtube.com/safetycentervideos#p/u/7/MrG061_Rm7E)

### **Safety Links**

Online Safety Ed Kid

- <http://www.netsmartz.org/kit>
- <http://www.connectsafely.org/>

Create a Password

- <http://passcreator.com/>

Digital Citizenship Resource

- <http://tiny.cc/gfzexw>

Safe Searching Online

- <http://www.kidsmart.org.uk/safesearching/>

### **Use Your Phone and Internet Connections for Good**

- Donate to cause
- Text or call the new student in class and ask them to sit by you at lunch the next day
- Text a friend to say something you like about them (make this a daily or weekly activity)
- Download music from a different country/culture